

THE COLDRIDGE CALENDAR

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SUPPORTED BY OUR ADVERTISERS & PRINTED BY COLDRIDGE PARISH COUNCIL

DIARY FOR OCTOBER 2026:

FOR FURTHER INFORMATION ON PARISH EVENTS, PLEASE ALSO VISIT OUR **PARISH WEBSITE** AT: www.middevonparish.co.uk/coldridge AND OUR **"WHAT'S ON IN COLDRIDGE, DEVON (WOICD)"** FACEBOOK PAGE AT: www.facebook.com/groups/coldridge

VILLAGE HALL 'REGULARS':

TAI CHI: CLASSES RUN FROM 4.00pm, EVERY MONDAY

PILATES & CHAIR PILATES: TUESDAYS at 5.30pm

Friday, 2nd 7 for 7.30pm: HALL:	SOCIAL/FILM NIGHT (See Poster)
Saturday, 3rd 10.30-12.30: ROCKFIELD	HELEN'S MACMILLAN COFFEE MORNING
Monday, 5th 2.30pm: CHURCH;	CHURCH CAFÉ (See Poster)
Wednesday, 9th 2.30pm: HALL:	SUNSHINE SINGING
Thursday, 8th 7-10.00pm: HALL	ADULT TABLE TENNIS
Friday, 9th 7.00pm: HALL:	THE COLDRIDGE ARMS
Saturday, 10th 12-2.00pm: HALL	'BANGERS & MASH LUNCH'
Sunday, 11th 10.30am: CHURCH:	MORNING PRAYER
Tuesday, 13th 2.00pm: HALL:	COLDRIDGE QUILTERS:
Wednesday, 14th 7.30pm: HALL	WOMEN'S INSTITUTE <i>CPR Training with Jays Aim</i>
Thursday, 15th 7.30pm: HALL:	PARISH COUNCIL MEETING
Sunday, 18th 10.30am CHURCH:	HOLY COMMUNION
Wednesday, 21st 7.30pm: HALL:	VILLAGE HALL COMMITTEE MEETING
Thursday, 22nd 10.00am-3.00pm:	COLDRIDGE CAFÉ
11.00am: CHURCH:	CHURCH TALK & TOUR
7.00pm: HALL:	ADULT TABLE TENNIS
Saturday, 24th 2-4.00pm: CHURCH:	'BOMBS, BULLETS & BABIES'

Thursday, 29th

7.00pm: HALL:

CRIB CLUB

Saturday, 30th

7.00pm HALL: **'MURDER MYSTERY NIGHT** at
The COLDRIDGE CASINO'

LOOKING AHEAD to NOVEMBER....

Saturday, 21st November: 10.00am-2.00pm:

HALL & CHURCH:

COLDRIDGE WINTER FAIR: *If you're looking for unique gift ideas for family and friends ahead of the festive season, then save the date and get ready to join our local artists, crafters and makers as we host our 2026 Coldridge Winter Fair in the Village Hall and in St Matthew's Church. Expressions of interest for stalls or for general enquiries can be directed to Trevor Mackown or Ivan Kriznik*

...AND DECEMBER:...

Along with monthly social and club regulars, get ready for the approach of some seasonal festivities in the Hall this month, including Coldridge Café Traditional Christmas Lunch (Thursday, 10th, Quiz Night (Saturday, 12th), Pre-Lunch Christmas Drinks (Friday, 25th) and a New Year's Eve Celebration on Thursday 31st. ...And in St Matthew's Church: BCP Advent Evensong (29th November), Carols Round the Tree (11th December), Nativity Play (19th December) and Christmas Communion (Christmas Eve).

NEWS FROM ST MATTHEW'S:

CHURCH CAFE:

Come along to St Matthew's on the afternoon of **Monday, 5th October** at 2.30pm for our friendly, monthly get-together over a cuppa, some cake and a few biccies. Everyone is always very welcome.

CHURCH SERVICES FOR OCTOBER:

This month, our service pattern is as follows:

Morning Prayer as usual at 10.30am on Sunday, 11th

Holy Communion at 10.30am on Sunday 18th

We offer refreshments and companionship after all of our services, to which everyone is always very welcome.

Monday 19th: 7.00pm at Lapford Church: Licencing of our new Team Vicar, Rev'd Fran Allison. We welcome Fran and Mat to our community and wish them every blessing in their ministry here in Coldridge.



IN CHURCH, LOOKING AHEAD:

REMEMBRANCE: 8th November

EDITOR'S NOTES:

Thank you for all your News and Notices of all the Coldridge events coming up this month.

The copy deadline for our NOVEMBER issue is SUNDAY, 18th OCTOBER (latest). Please may I have all your items, in WORD or JPEG format, no later than then. **Calibri 9-Point** is the usual font to use, please, with Titles in 10-Point and with Zero Line-Spacing.

Many thanks; **John W Smith (Editor)**

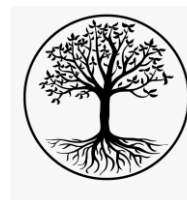
Email: biggles1047@gmail.com

COLDRIDGE GARDENING CLUB:

In September we welcomed Laura Langabeer, founder of the Heritage Seed Farm in Upton Pyne. With a talk entitled 'The Heritage Seed Story', we discovered what heritage seeds are, why they are vital for the future of food security and understanding the difference between F1 hybrids and open-pollinated heritage seeds. She spoke passionately as to why heritage planting is so vital to our food futures; it was extremely enlightening and thought provoking. Here is the

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Samantha

Summerhayes, Ingleigh
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Email:

samjcarne@outlook.com

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link to her website if you want to know more:

<https://www.theheritagefarm.co.uk/>

Now, there's not long to go until the legend that is the Bangers 'n' Mash lunch at the Village Hall on **Saturday, 10th October**. Lunch will be served from 12-2pm with locally-sourced, premium Bangers from The Mad Butcher of Winkleigh and home-made puds to finish! An annual tradition not to be missed. Look out for the poster in this issue.

There will also be cake for sale and raffle and we are looking for donations for these. If you can make a cake or donate a raffle prize (or both!), please get in touch to arrange delivery or drop off your donation at the Village Hall during the morning of the 10th. Thank you.

Look out for the poster for full details. *Cash and card accepted*. Everyone is welcome to join Coldridge Gardening Club - a family membership is only £15 for the year. Keep an eye out for news of upcoming events on all the usual village channels. Or visit our website coldridgegardening.uk. If you are not (yet!) a member of the Coldridge Gardening Club, and would like to see what it's all about, please drop us a line on coldridgegardeningclub@ecomail.uk for more details.

Tracy, Teresa and Nick.

Gardening Club Committee

WOMEN'S INSTITUTE:

In September we welcomed Zena Birch, Celebrant and Adventurer, to tell us about her work as a Humanist Celebrant and various seafaring expeditions. A most charismatic speaker, Zena told us about her introduction to celebrant work and how that led to her taking part in a 16 month long global circumnavigation. A good advert for the rest of us to take an opportunity when it presents itself, but you don't have to sail around the world...

On **Wednesday, 14th October at 7.30pm** in the Village Hall, we will be brushing up on potentially life-saving knowledge with a **defibrillator training and practice session with Devon Air Ambulance**. This is especially relevant to the WI, as last year the national resolution chosen was 'Bystanders can be Lifesavers'. This resolution spotlights how vital just such training is in the community, especially rural ones.

Incidentally, the village defib has recently moved from the side of the village hall and is now situated in the red phone box next to The Old Post Office by the green.

New members are always welcome or come as a guest (£3 - women only). Meetings are held (with the odd exception) on the second Wednesday of the month at 7.30pm in the Village Hall. Subjects range from charities and local interest groups, cookery demonstrations and craft workshops to the arts and wellbeing. Look out for more information on the village socials. Hope to see you soon.

Lyn Green (WI Secretary)



Let's do Coffee Morning

Do your bit for better cancer care

Come along and help us do whatever it takes to support people living with cancer.

Place: Rockfield
Date: 3rd OCTOBER 2026
Time: 10:30 am → 12:30 pm
Contact: Helen
01363-83436



Simply scan this QR code with your phone to donate direct to your host's Coffee Morning.
It's easy, quick and secure. Thank you.

Registered with FUNDRAISING REGULATOR

Official Sponsor
MACMILLAN CANCER SUPPORT
Lindt CHOCO WAFER

Macmillan Cancer Support, registered charity in England and Wales (264077), Scotland (SC039907) and the Isle of Man (504). Also operating in Northern Ireland. 70603, Enniskerry, Enniskerry, Enniskerry, Enniskerry



ADULT TABLE TENNIS

October 2026 Dates:
Thurs 8th & Thurs 22nd
7.30 – 10pm
Coldridge Village Hall

FREE – ALL ARE WELCOME

Coldridge Village Hall



No tricks, just treats.

Come along for a
brew, cake and some
spellbindingly good
company.

St Matthew's Church Café
Monday, 5th October
• 2.30pm •

Everyone is welcome at
St Matthew's Church
monthly café.
You'd be batty to miss it....

Mwa ha ha haaa...

Feeling stressed, anxious or stuck?
Lacking confidence and self-esteem?

Hypnotherapy is a quick and effective way
to get your life back on track!

I am your local clinical hypnotherapist based
in Brushford and use a solution-focused
approach, which means that we can focus
on where you want to be without the need to
dwell on the past. Appointments are
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email: emma@inspiredtochange.biz



INSPIRED TO CHANGE

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Do you enjoy singing?
Do you sing along at home or in the car with the songs
on the radio or your device?



It's not quite the same as singing
in a group, like we used to do at
school, is it?
Well, here's your opportunity to
sing in a group - not the hard work
of a choir but singing for sheer
enjoyment.

It has recently been well
documented about the mental
and physical health benefits of
singing, not to mention the social
engagement with friends and
neighbours, so these sessions are
aimed at keeping your brain active
in a light-hearted, enjoyable way.

Come and join us!

For just £4 per session, you are invited to come to Sunshine Singing
sessions in the Village Hall, once a month on the first Wednesday of the
month at 2.30 to enjoy singing for fun and community spirit. No
standard required and the price includes afternoon refreshments.

Please contact Rachel on 07795 511685 or at
sunshinesinging23@gmail.com if you would like more information or
would like to register to come along. You can also just turn up to see
whether it's your sort of thing!

Our next session will be on Wednesday 7th October.



ABIGAIL'S
Beauty Retreat

Massage & Beauty Therapist in Lapford.

Massage - Manicures - Pedicures - Waxing
Hot stone massage - Eyelash & Brow tinting
Eyebrow Shaping - Gel Nails - Facials

Lapford Village Hall
Lapford
EX17 6PZ
07565 768386
abigailsbeautyretreat@gmail.com



Coldridge Village Hall Social Group
Presents

SOCIAL NIGHT

Friday 2nd October

Coldridge Village Hall

Free Entry - All are welcome

Doors Open 7 pm, Main Event from 7:30pm
Licensed Bar, snacks and ice creams available

This Month's Main Feature...

*Two decades after leaving Runway magazine journalist Andy
Sachs is reunited with her former boss and left to navigate
their fashion careers amid the decline of traditional
magazine publishing and the rise of the on-line world.*

"Th_ D_v_l W_rs Pr_d_ - 2"
(3,5,5,5 - 1)



Starring Meryl Streep Anne Hathaway Emily Blunt
Satire / Drama / Comedy Release 2026



Coldridge Village Hall Social Group Presents

The Coldridge Arms

Friday 9th October

7 – 11pm

Coldridge Village Hall,
EX17 6AX

Licensed Bar & Snacks

**Hot Supper Menu
to be confirmed ***

All are welcome.

*Pop-in anytime on the night for
a drink and friendly conversation.*

Card & Cash Accepted

Coldridge
Village Hall

* Last orders 9pm

the **WI**
INSPIRING WOMEN

Coldridge WI presents...



Defibrillator Training & Practice Session



Wednesday, 14th October



7.30pm



Village Hall



Non-members are always
welcome £3 • Women only

Coldridge Gardening Club
presents

Sat 10th Oct
12-2pm
(last orders 1.30)

The
Village
Hall

The legendary

BANGERS 'N' MASH

Premium bangers
from the Mad Butcher
of Winkleigh

Main £7
(extra sausage £1.50)
Homemade pud £3
Tea £1.50
Filter coffee £2

Cakes
Raffle

GF & veggie options available
Cash and Card accepted

Cakes & prizes
needed for the cake
stall and raffle

thank you!

COLDRIDGE PARISH COUNCIL:

Your Parish Council meets again on **Thursday, 15th October, in the Village Hall, at 7.30pm.**

As usual, our meeting starts with an Open Forum which gives you all an opportunity to raise matters that you believe the Council can discuss and possibly help with.

At this meeting, we will welcome our new Parish Clerk and Responsible Financial Officer. At the same time, we will thank Keyth Richardson for his tremendous work as outgoing Clerk. He has been a model of what a professional Clerk must be.

So, do come along, share your thoughts with us at the Open Forum and, if you so wish, you may stay for the Council Meeting (although you may not speak unless invited to do so by the Chair.)

BOMBS, BULLETS & BABIES:

Join us on Saturday, 24th October, 2.00-4.00pm in St Matthew's Church to hear Mary 'Flowa' Houldsworth give a first-hand account of her mission to Afghanistan with international humanitarian organisation, Medecin Sans Frontiers (MSF, or Doctors Without Borders).

During her working life with the NHS as a nurse, midwife and health visitor, Mary took unpaid leave to work with MSF, to provide essential medical care where it was needed most. Her missions have taken her to:

Liberia, during the civil war and Cholera outbreaks;

South Sudan, during conflict;

Ethiopia, during civil war and famine;

Afghanistan, following the Talibans' return;

Liberia and Sierra Leone, during the Ebola epidemic.

For the talk on Afghanistan, Mary will cover the dilemmas that war imposes on transport, attempting to reach patients where roads have been destroyed, difficult deliveries of essential hospital equipment, and crises in midwifery.

Any distressing scenes will have an alert warning before being shown

This is a tough topic. However, there is usually something funny that occurs in every country and Afghanistan is no exception!

The event is free to attend. However, donations are most welcome and will go to MSF

For any information, please email: events@stmatthewscoldridge.church

COLDRIDGE HARVEST FESTIVAL:

It was so lovely to see so many of you in Church on Sunday for our Harvest Festival. Your generosity raised over £200 for the Farming community network charity but also your wonderful donations to the Amber House Charity for disadvantaged young people, now delivered to them. A splendid supper followed on afterwards in the Hall and we would like to thank all the wonderful helpers, a big thank you to you all from **Andrew & Malcolm.**

Bombs, Bullets & Babies
with Mary 'Flowa' Houldsworth

Afghanistan

This talk focuses on the dilemmas war imposes on healthcare workers – from reaching patients when roads have been destroyed, transporting essential equipment, and the crises in midwifery and maternity care.

During her NHS career as a nurse, midwife & health visitor, Mary took unpaid leave to work with MSF. This is the story of just one of her incredible missions.

Some photographs and stories may be distressing. An alert will be given before any difficult scenes are shown.

And, yes, there are funny moments in the most dire of circumstances...

MEDECINS SANS FRONTIERES
Doctors Without Borders

Delivers medical care, where it's needed most.

MSF's Mission Statement:
We are Impartial, Neutral and Independent.

Impartial
All patients are treated with the same care and respect, whether they are generals or foot soldiers.

Neutral
We do not support any warring factions. We report war crimes, whoever is the culprit.

Independent
We accept no donations from governments, so we remain free to make our own decisions.

Saturday, 24th October
2pm – 4pm

St Matthew's Church Coldridge

Admission: Free
All Donations to MSF

Coldridge Café

Thursday 22nd October

10 am – 3 pm

Coldridge Village Hall

**You are invited to join us for
tea, coffee, hot chocolate &
home-made cake...**

PLUS

**...a selection of lunchtime dishes
served between 12 and 2pm**

**October's Lunch Menu to be
advised nearer the date**

Takeaway Service Available

Murder Mystery Night at the Coldridge Casino

Join us this coming **Halloween Night** as we seek to solve a gruesome murder at the Coldridge Casino:

The evening will commence at the Casino tables when you'll have a chance to play a few hands and bets whilst meeting fellow characters and attendees. A finger buffet will be available plus drinks from the bar...

...and then... 🕵️ **a body is found** 🕵️!!!

A murder has occurred and the perpetrator must be uncovered before the night is out; you will all have a part to play in the subsequent investigation, seeking to identify the clues, the facts, and ultimately identify the murderer in the room.

Have you got what it takes to take part? Perhaps you fancy the chance of playing one of the characters visiting the Coldridge Casino on the night?

Spaces are limited so advanced booking is essential at £15/head which includes buffet.

On-line tickets going on sale from Monday 21st September through the Coldridge Village Hall website via the link "**Murder Mystery Night at the Coldridge Casino**"

If you are up for playing a character during the evening please contact Ian or Suzanne Taylor when booking AND before Monday 19th October to so that your individual character synopsis and role can be agreed AND to give you time to prepare your outfit for the night!

Here's to fun and undoubtedly memorable night out in Coldridge!!

--oOo--

